

# OAVS NEWS


15th July, Friday Monthly Newsletter


No 000007


- Creative Writing
- Achievements
- Biography
- Drawings and Paintings





**EDITOR IN CHIEF**  
**SRI SAMNGRAM KESHARI MOHAPATRA**  
**STATE PROJECT DIRECTOR, OAVS**  
**TEAM LEADER OF EDITORIAL BOARD**  
**SRI KSHAMANIDHI JHANKAR**  
**PRINCIPAL, OAV, PATHARCHEPA**


 Utkal Pattanaik of OAV Pitatali, Chikiti Ganjam secured 97.4% NTA score in JEE MAIN 2022.

 Anurag Mohapatra of OAV, Tarbha, Subarnapur has secured 95.50% NTA score in JEE MAIN 2022.


 Tushar Agarwalla of OAV Bahalda, Mayurbhanj has secured 94.18% NTA score in JEE MAIN 2022.

 Hemanta Behera of OAV Anandpur Keonjhar has secured 91.46% NTA score in JEE MAIN 2022.

 Rohan raj Bhoi of OAV Patharchepa, Balangir has secured 91.93% NTA score in JEE MAIN 2022.

 Anubhab Mishra of OAV Patharchepa, Balangir has secured 94.87% NTA score in JEE MAIN 2022.

 Pritish Biswal of OAV Patharchepa, Balangir has secured 87.27% in NISER, NEST 2022.

 Anubhab Mishra of OAV Patharchepa, Balangir has secured 94.87% above in NISER, NEST 2022.



Visit of Honble Collector Smt Monisha Benerjee IAS to OAV Govindpur block/Dist- Bargarh. She inaugurated an idol of Ganesh inside campus, tasted MDM food, done plation inside campus and chaired VMDC meeting.



Falicitation of Alok Pradhan class X of OAV, Budhapal, Deogarh by Hon,ble Dist Judge, Deogarh for Gold medal in state level essay SLLC.



Observation of Van Mahotsav by OAV, Titia, Gopabandhunagar, Mayurbhanj- graced with Chief Guest Sri Sumit Kar, Indiann foreign Service (IFS) Officer



Today on 12th July, ODISHA ADARSHA VIDYALAYA KARAPALLI RANGEILUNDA, GANJAM organized a Blood Donation Camp in association with Maharaja Krushna Chandra Gajapati Medical College and Hospital, Blood Bank. The programme inaugurated by local Sarapanch Mrs Menaka Reddy in the presence of Shri Bibhuti Bhushan Satapathy the Principal OAV Karapalli along with all the staff members and the other members of the community. Mrs Menaka Reddy and the Principal and staff members also donated blood on this occasion to motivate others for blood donation. A Teaching Learning Material Exhibition is also organized in the



Awareness camp on juvenile and Right to free and compulsory Education act by District Legal Authority in OAV, Patharchepa, Balangir in the presence of Sri Binaya Kumar Patra (OJS), Secy, District Legal service Authority, Digambar Kar, Dist. Child Protection Unit.



### LET'S LEARN ABOUT SURVIVING A TRIP TO MARS

So far, Mars has been the domain of space robots. Over the last 60 years, many spacecraft have flown by, orbited and even landed on the Red Planet. But human explorers could work faster and be more flexible than machines. Not to mention, setting foot on Mars would be a major milestone in space exploration. That's why the United States, China and other countries want to send people to Mars. But surviving this adventure would be no easy feat.



A Mars mission would be the farthest journey in human history. At an average 225 million kilometers (140 million miles) away, Mars would take at least six months for astronauts to reach. (It would take at least another six months to get back home). In contrast, Apollo astronauts got to the moon in few days.

While space travel is never free of danger, the length of a roundtrip to Mars poses many extra health risks. For one thing, floating in microgravity for long periods weakens bones and muscles. Plus, it allows fluid to build up in the head, putting pressure behind the eyes and causing vision problems. Artificial gravity machines could help. But then there's space radiation to worry about. The Earth's magnetic field protects astronauts near Earth from high-energy cosmic rays. Those charged particles might raise the risk of cancer and other health problems. On longer journeys, though, astronauts would be exposed for months. Taking certain vitamins could reduce the impacts. But scientists are still working out the details.

Mars explorers will have to pack light to lift off from Earth. But they won't be able to restock on supplies like astronauts on the space station do. Astronauts on the space station practice for this by growing lettuce and other food in space. Engineers are also developing 3-D printing techniques that could let future Mars astronauts build tools as needed. The material for those tools could come from the astronauts themselves. For instance, astronaut pee could feed yeast that churns out ingredients to make plastic.

Setting up and surviving at a Mars colony would be even more complicated. Since astronauts can't haul construction materials from Earth, scientists are dreaming up ways for astronauts to use materials on Mars. Long-term visitors would also need plenty of oxygen to breathe. A device on NASA's Perseverance rover is currently laying the groundwork for a future Mars oxygen factory. The device pries oxygen off molecules of carbon dioxide, the main gas in Mars' atmosphere. Planning for a trip to Mars isn't just about protecting astronauts. It's also about protecting Mars from astronauts. Humans are teeming with microbes. And spreading those microbes could compromise the search for life on Mars. As a result, a key part of responsible space exploration is making sure Earth germs don't infect other planets.

**Abhishek Mohanty, PGT Physics, OAV Pipilipali**

### KAI CHUTNEY FROM MAYURBHANJ SEEKS GI TAG

The indigenous community of Mayurbhanj consume red weaver ants in form of chutney or a watery semi solid paste which is popularly known as 'Kai Chutney' and scientists are preparing to make a presentation for the Geographical Indications (GI) registry of kai chutney under food category.

Red weaver ants, scientifically called *Oecophylla smaragdina* form colonies with multiple nests in host trees and are known for their unique nest building behaviour where they build the nests by weaving leaves together using larval silk and these nests can withstand strong winds and rain.

Tribes endure painful bites to make an insanely tasty and spicy delicacy in the form of a paste of red and its eggs. Leafy nests are plucked from their host trees and collected in a bucket of water before sorting and segregation from leaves and debris. Larval and adult stages of the ants are preferred and are either eaten



eaten raw or turned into chutney by mixing them with spicy ingredients. The chutney is prepared by mixing and grinding salt, ginger, garlic and chilly and is sold by tribal people in rural markets.

The chutney is rich in proteins, calcium, zinc, vitamin B-12, iron, magnesium, potassium, sodium, copper, fibre, and 18 amino acids, is known to boost the immune system. This magical dish has potential to remedy for large number of diseases and is served to people suffering from jaundice, common cold, joint pain, cough and poor eye sight. The tribal healers also prepare medicinal oil by dipping the collected kais in pure mustard oil. After 30 days, this oil can be used as baby oil and externally used to cure rheumatism, gout, ring worm infection and skin diseases. The researchers have written a letter to the Ministry of Ayush for the recognition of the Kai Chutney.



Once a product has got a GI, it would be illegal for someone outside that region to make and sell a similar product under that name. Geographical Indications labels enhance the reputation and value of local product. Applied under the food category, the GI tag will help develop a structured hygiene protocol in the preparation of kai chutney for wider use.

**Bikash Kumar Sahoo, PGT Biology, OAV, Begunia**

### NASA HAS REVEALED SOME STUNNING IMAGES OF THE UNIVERSE TAKEN FROM ITS JAMES WEBB SPACE TELESCOPE

The National Aeronautics Space Administration (NASA) revealed images taken from the James Webb Space Telescope along with data of a distant planet's atmosphere. The image is a composite made from different images taken at different wavelengths. It was made using images taken with the Near-Infrared Camera (NIRCam).



**Nijhum Rani Pandit, PHT Physics OAV, Mahimunda, Balangir**

## SELECTION OF STUDENTS FOR ICONIC OAV, BHUBANESWAR

Odisha Adarsha Vidyalaya Sangathan has been established with an aim to provide quality CBSE based English Medium education to rural talents of the state. To further enhance this objective and to nurture the talent, ICONIC OAV has been established at Bhubaneswar so as to enable students to qualify at national level competitive examinations. Students will be enrolled in class-XI (Science) with a maximum number of 500 and will pass out after completing class-XII. Iconic OAV will have maximum strength of 1000 during an academic session.



### Eligibility Criteria

1. Students interested for taking admission at Iconic OAV must have passed CBSE class-X examination from any OAV as a regular candidate.
2. A student belonging to General/OBC/SEBC category will be eligible for admission if he/she has secured 90% & above marks in CBSE class X Examination.
3. A student belonging to SC/ST category will be eligible for admission if he/she has secured 80% & above marks in CBSE class X Examination.
4. A student is eligible to take admission during the year in which he/she passes the CBSE class-X Examination.

### Method of Selection

1. Maximum 500 numbers of students are to be selected every year for admission in class-XI at Iconic OAV in Science stream only.
2. Students will be selected as per merit based upon marks secured at CBSE class-X examination considering state as unit.
3. Seats shall be reserved for SC/ST/PwD/UR for selecting students into Iconic OAV as detailed below.

Category wise Reservation of seats for ICONIC OAV, Bhubaneswar

Sl No	Total Seats	SC	ST	PwD	UR
1	500	16.25%	22.50%	5%	281

4. In case of non-availability of students from a particular category seat will be converted as follows:

Sl No	Vacancies in	Vacancies to be transferred in order of
1	SC	ST followed by Unreserved
2	ST	SC followed by Unreserved
3	PwD	Unreserved

5. In case of tie between two students, marks obtained in Mathematics and Science subjects will be taken into consideration collectively to break the tie.
6. In case of further tie exists, the marks obtained in English, followed by Social Science and Odia subjects will be taken into consideration to break the tie.



## NATURE CAMP TO SIMILIPAL

Spending time outdoor is not just enjoyable- it is also necessary. Many researchers agree that spending time in nature can build their confidence and it is one of the best antidotes to a stressful life. Children who spend time outdoors are more likely to be happier, healthier, smarter, more cooperative, better problem solvers and more creative.

Nature camp envisions and offers another kind of peace. When we contemplate the beauty of earth, we find reserves of strength and peace that will endure forever. The endless woods, the meandering streams with all their interesting sounds and delightful places to explore- offer enchanted places for everyone.



The Nature camp program for the students of class 10th(after CBSE Board) to Similipal was organized on dated 17.05.2022 by SIMILIPAL NORTH WL DIVISION, MAYURBHANJ. It was an initiative by the Principal OAV Matiagarh, Jashipur, whose aim was to create greater awareness, understanding and empathy among students for the environment. The activities and nature trails in the camp were designed with ideas of instilling a sense of personal relationship and responsibility towards nature. Similipal, which is located in Northern Odisha named as Similipal Tiger Reserve, a place where nature binds with its awe-inspiring beauty, grace power and its calmness that covers nearly 2750 sqk.m the Odisha's foremost Wildlife Sanctuary. The opportunity to enjoy the nature camp which was offered by SIMILIPAL NORTH WL DIVISION, MAYURBHANJ added immersive experience in each of the students participated.



(LARGEST SAL TREE)

## GENERAL KNOWLEDGE ON INDIAN CULTURE AND HERITAGE

1. Who is known as the father of Tamil literature ?
2. Which Indian classical dance form was developed by Siddhendra Yogi from Bhamakalapam dance drama ?
3. In which state of India, Yakshagana, a dance – drama is popular ?
4. Which philosophy is based on experimental mysticism ?
5. Who is known as Sramana in the Kalpa Sutra ?
6. Dandiya is a popular dance of which Indian state ?
7. Which Indian state celebrates Bihu as folk dance ?
8. Lohri festival is celebrated in which month ?
9. How many asanas are there in Surya Namaskar ?
10. Berana is a wedding ceremony of ?

### ANSWERS

1. Agastaya
2. Kuchipudi
3. Karnataka
4. Yoga
5. Mahavir
6. Gujarat
7. Assam
8. January
9. Twelve (12)
10. Sindhis



Alok Pradhan, Class-X OAV, BUDHAPAL REAMAL, DEOGARH

**Sangram Keshari Mohapatra, OAS (SS)**  
**Editor in Chief,**  
**State Project Director**



**My Dear Readers,**

“The Secret of life is not enjoyment but education through experience.”

This phrase has been given to the world by great scholar of India, Swami Vivekananda. I am immensely pleased to know that OAVS is publishing monthly OAVS News letter which is a collective work of teachers and students as enumerated in 10 point action agenda inaugurated by Hon’ble CM of Odisha on 5th September of 2021.

It is a platform for the students, teachers and all family members of OAVS to showcase and develop their linguistic and critical thinking ability. OAVS News letter will help all members of OAVS to act collectively so as to spread the light of knowledge. OAVS has taken up many initiatives to strengthen educational needs of young minds. At OAVS, we focus on complete development of our students by involving them in both scholastic & co-scholastic activities. “If a plant is carefully nurtured by a gardener, it will become good, and produce better fruit. Therefore, children must be given a good training from their earliest childhood. We are here for the same. I am sure that our students of today, will carry forward the Motto of love and unity of Odisha Adarsha Vidyalayas.

I am confident that students and teachers of OAVS will be an example for the country in coming future showcasing their talents and skill.

**Sangram Keshari Mohapatra, OAS (SS)**  
**State Project Director, OAVS**

## INDIA CULTURE AND HERITAGE

India has rich cultural heritage and tradition. A harmonious blend of art, religion and philosophy in Indian culture & found same the Indian valley civilization in 6000 B.C. to the recent past we have been exposed to a series of cultural Invasions. It is only the dynamism and flexibility of the Indian culture that enabled it to survive against the foreign Invasions and retain its originality and traditional character.

Max Mueller the famous German Scholar, in his lecture delivered at the University of Cambridge, England in 1882 said if I were asked under what sky the human mind has most fully developed some of its choicest gifts, has most pondered over the greatest problems of life and has found solutions for some of them I should point to India. The Indian mind has assimilated much of the thinking of the other cultures thus enriching itself and thereby becoming unique in its character. Today, it is this uniqueness which abstracts the western societies to the Indian culture. Disillusioned with their materialistic pattern of lives they are turning to India for solace and peace.

The writing of Indian Painting and sculpture have left their marks in different civilizations, heritage of Music, Indian Dance, Indian Literacy heritage is the oldest in the world.

Sculpture like Ashoka Pillar, Sanchi Stupa, Konark Temple, Puri Jagannath, Lingaraj Temple, Raja Rani Temple, Khajuraho speaks volumes of Indian sculptural heritage. The classical music developed with comprehensive theories of appreciation with definite laws of theory and practices and the concept of “ragas” and “talas”.

The Dance forms like Bharat Natyam, Kathak, Kathakali Manipuri, Kuchipudi, Odishi and numerous folk dances makes our rich heritage colorful.

Whereas in Indian Literary heritage Sanskrit language includes our cultures assimilate all others of the world and advocate the “Basudheva Kutumbakam” considering the whole world is a single family.

Our sages and predecessors transmit the cultural heritage of sacrifice instead of swallow and preaching about live alone. The peoples with high values and dignity were respected highest instead of the kings, Rama, Laxmana, Bharat and Sathughna are another ideals because of their sacrifice.

Indian culture preaches to take care of nature and natural resources, help the deprived, weak and respect older, kind to all kind of creatures and protect them.

Teaching of Gita and importance of “KARMA YOGA” depict the greatest cultural heritage of India. The cottage industries like Goldsmith, Ironsmith, carpenters not only but a self-sufficient village in economy and transmit the livelihood to the successors is the best example in its kind in the world. Interest to revive or establish Industries at rural areas on the basis of need of the time.

The rich cultural heritage of India not only to remind and the matter of things to preserve in museum but to preserve and protect of it will definitely make the life rich in real sense.

Sri Kshamanidhi Jhankar,  
 Principal, OAV, Patharchepa, Balangir



Sri Sangram Keshari Mohapatra (OAS) (SS) joined as State Project Director of Odisha Adarsha Vidyalaya Sangathan, Bhubaneswar on date 21/07/2022.



A farewell function was organised in OAVS, HQ Bhubaneswar on date 21.06.2022 to bid farewell to outgoing State Project Director Sri Prem Chandra Choudhary. ISA speakers from the Head Office listed out good deeds during his tenure and all members of OAVS family wished him a very successful future.

## INDIAN CULTURE AND HERITAGE

Indian culture is the oldest and famous among the other cultures of the world. Indian literature refers to amalgamation of distinct culture of all communities, traditions, customs and religions in India. Various Indian cultures profoundly influence Indian philosophy, art, music and even literature.

The most prevailing religions in India are Hinduism, Buddhism, Jainism, Sikhism, and other prominent faith such as Christianity and Islam. India is one of the most religiously and culturally the most diverse country across the world. The culture of India comprises of clothing, festivals, languages, religions, music, dance, architecture, food, and art in India. India celebrates a huge number of festivals. India is a hub of multi-cultural and multi traditional festivals like Holi, Diwali, Dussehra, Ganesh Chaturthi and many more.

Heritage means what we inherit from our ancestors and from our past. People from numerous caste religions, creeds reside in our country. Each ethnic group in our country has its own traditions and culture that is passed on to their younger generation. Our customs and traditions teach us to inculcate good habits and make us a good human being.

By- Uma Bharati Dharua  
 Class- XII  
 School- Odisha Adarsha Vidyalaya, Keshrajpur

## AN EFFECTIVE MORNING ASSEMBLY

Each morning is a new beginning with new hopes and aspirations. Therefore, new morning should start afresh. Morning prayer allows everyone to start the day with a note of positivity. The prayer, the words of wisdom shared during the morning assembly promote unity, nationality and spirituality among every member of the Vidyalaya.

The morning assembly should be organised daily over the clean and open area with proper space for aeration. Students and teachers should stand in a proper manner during the morning assembly. Students should stand as per their houses in the ascending order of height, two leaders (boy and girl) of each house should assist their house moderators in making the line perfect. Each house should have at least two lines, one for boys and another for girls. On rotation basis, everyday or every week, a new house should take the responsibility of daily assembly. The house captain and members, who are supposed to lead the assembly for a particular day are supposed to stand in the front, on the stage facing the assembly. House moderators should stand behind their respective houses and observe members of their houses. The Physical Education teacher should observe the discipline and proper placement of everyone. The students who have to play the instruments under guidance of the music teacher should stand behind or beside the lead singers.

House moderators should provide the opportunity to command (house captain/vice-captain) and sing the prayer to both boys and girls on every alternate day to promote gender equality among the children. The following events should be conducted in order to make an assembly effective.

- The prayer
- The oath
- Thought of the day (thought and name of the author)
- Word of the day (Word, spelling, meaning in English, meaning in Odia)
- Quiz/ General Knowledge (1 for each house)
- Speech of the day (short)
- Birthday wish
- Information about any Important day (important day which will not be observed with meeting or competitions).
- Sloka of the day (one Sanskrit sloka and its meaning to be explained by the Sanskrit teacher)
- News
- Address by Principal or announcement of any achievement by student, teacher or Vidyalaya.
- National anthem
- Attendance by house leaders (No of members present) For successful assembly, all members of a Vidyalaya should plan and work together. The Vidyalaya should arrange a wheel chair, stretcher and drinking water near the assembly area to manage any undesirable situation or medical emergency during the prayer. The house on duty should arrange the required materials (Public Address system, podium, musical instruments, etc) on stage before the commencement of the assembly. The house moderator should go through the assembly register of his/her house containing the thought, word, speech, important day, news for that day in advance before it is read in the assembly.

**Mr. Bikash Kumar Sahoo**  
PGT Biology  
vOAV, Begunia, Khordha

## SAVE ENVIRONMENT

Search for a solution,  
To stop pollution.  
Make our environment,  
Healthy, clean and green.  
Plant more trees,  
To make Earth pollution free.  
Let's make our Earth the best,  
By polluting less and less.  
We cannot live without  
environment,  
So, we should always  
Work towards its betterment.  
Never pollute the environment,  
And we should always make it  
a point to  
Save the environment.

**Priyadarshani Prusty**  
Class- VII  
OAV, Chakapad, Kandhamal

## TRUTH

Our planet is called Earth,  
Where residents name themselves  
humans but exploit the nature.  
Some are titled as kings who  
punish the innocent lives,  
Some are titled as the outcasts and  
are victims of racism.

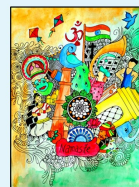
Some chose to wear rings and are  
locked behind doors,  
While others chose to wear  
sadness on their sleeves.

Then there are the so called  
leaders who fail to protect the  
nature.

But nothing is more inhumane,  
Than a bunch of complex humans,  
Making each other feel less normal  
and less humane.

**Tipu Muduli**  
TGT Mathematics  
OAV, Chakapad, Kandhamal

## INDIAN CULTURE AND HERITAGE



"A nation's culture resides in the heart  
and soul of its people."

Indian culture is built upon centuries of  
history and heritage, making it one of  
the oldest civilizations in the world.  
Indians made significant advances  
in the Architecture (Taj Mahal)

Mathematics (the invention of zero) and Medicine (Ayurveda) well  
in advance of many Western civilizations.

Today, India is a very diverse country with more than 1.3 billion  
people making it the second most populous country in the world  
after China.

India has 28 States and 9 Union Territories currently. There is no  
official language In India though Hindi is the official language of  
government and English is considered a subsidiary official  
language. The constitution of India officially recognises 23  
scheduled languages.

India is identified as the birthplace of Hinduism and Buddhism  
although it's a secular county. About 13.1% Indians are Muslim,  
making it one of the largest Islamic nations in the world.

When the Mughal Empire invaded during the sixteenth century,  
they left a significant mark on Indian cuisine. This cuisine is a fusion  
of Turkish and Persian cuisines, where ground spices are used in  
the preparation of food giving it a unique flavour and taste.

Indian dance, music theatre traditions span back to more than  
2000 years. The major classical dance traditions- Bharatnatyam,  
Kathak, Odissi, Manipuri, Kuchupudi, Mohiniattam, Kathakali draw  
on themes from mythology and literature and have rigid  
presentation rules. Our India is our motherland. Its culture and  
tradition is remarkable among all countries. The citizens of India  
must be very proud of their motherland incredible "INDIA"

**Ipsita Pradhan, Class -XII**  
OAV Budhapal, Realam, Deogarh

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## SPECIAL THANKS TO

Mrs. Saudamini Dash Sharma- Art Teacher, OAV, Patharchepa, Balangir  
Mrs. Sandhya Rani Swain- TGT English OAV Patharchepa Balangir and  
Mr. Padmanava Naik - TGT Odia, OAV Patrapali, Jharsuguda

## MONKEY POX: LATEST THREAT TO MANKIND

The world faced one of the worst pandemic in the history of mankind in the year 2019. From that day, in a nutshell, the pace of living style of people changed in an awkward manner when the first Covid -19 patient was detected. Amidst these horrible situations, now the mankind will be facing a threat that was discovered long time ago but it is taking its destructive form in 2022. The threat is otherwise known as 'Monkey Pox'.

Monkey Pox was first documented in humans in 1970s. Monkey pox is caused by infection with the Monkey Pox virus. It belongs to the Orthopox virus genus in the family Poxviridae. The Orthopox virus genus also includes Varida virus which causes Smallpox.

Since 13th May 2022, cases of Monkey Pox have been reported to the WHO. It is a self limited disease with the symptoms lasting from 2-4 weeks. Severe cases can occur. In recent times, the cases' fatality ratio has been around 3-6%. It primarily occurs in central and west Africa. Various animal species have been identified as susceptible to Monkey Pox virus. These includes those of the types of Squirrels, Gambian -pouched rats, etc.

Monkey Pox can be transmitted by direct contact with the blood, bodily fluids or mucosal lesions of infected animals. Human to human transmission could occur through 'respiratory droplets' and possibly short range aerosols. In Europe, some cases came where it is detected that it can be also transmitted sexually. Some people had semen tested for virals and came back as positive. So, now health agencies are exploring possibilities that if Monkey Pox could be sexually transmitted.

Symptoms like fever, chills, swelling of lymph nodes and a distinctive rash that often starts and spreads to the other parts of the body, are included in those of Monkey Pox.

At this time, there is no specific treatment available for Monkey Pox infection, but Monkey Pox outbreaks can be controlled. Smallpox vaccine, Cidofovir, ST246 and Vaccinia Immunoglobulin can be used to control monkey pox outbreaks.

**Diptidibanshu Nayak, Class- X, OAV, Bhalubasa, Kaptipada**

## आसमान तक है

मेरे मेहनत का पैमाना  
आसमान तक है,  
मुझे लक्ष्य हासिल करना  
आसमान तक है,  
मैं कैसे रुकूँ और  
कोशिश करना छोड़ दूँ,  
जीवन में सफलता पाना  
आसमान तक है ।

मेरे सपनों की उड़ान  
आसमान तक है,  
मुझे बनानी अपनी पहचान  
आसमान तक है,  
मैं कैसे हार जाऊँ और  
थक कर बैठा रहूँ,  
मेरे हौसलों की बुलंदी  
आसमान तक है ।

मेरे सीखने का स्तर  
आसमान तक है,  
मेरे सिखाने का हुनर  
आसमान तक है,  
मैं हर बच्चे को काबिल बनाऊँ और  
सही रास्ता दिखाऊँ,  
ओडिशा आदर्श विद्यालय को पहुँचाना  
आसमान तक है ।

शेख जलालुद्दीन  
हिन्दी अध्यापक  
ओ.ए.वि. जामधर, जाजपुर

## छोटा बच्चा

मैं तो हूँ एक छोटा बच्चा  
माँ कहती है अकल का कच्चा,  
पापा का हूँ राजदुलारा  
कहलाता हूँ सबका प्यारा,  
दादी की आँखों का तारा  
दादाजी का दोस्त हूँ प्यारा,  
फिर भी करनी पड़ती पढ़ाई  
वरना होती खूब पिटाई,  
मैं तो हूँ मोलाहल का राजा  
फल खाता हूँ ताज़ा ताज़ा,  
भाई से भी करूँ लड़ाई  
मिलकर फिर खाऊँ मिठाई,  
मैं तो हूँ एक छोटा बच्चा...  
मैं तो हूँ एक छोटा बच्चा ।

ज्योतिर्मयी साहू  
कक्षा : सातवीं  
ओडिशा आदर्श विद्यालय,  
महुलपाल (तालचेर)

## उम्मीद

उम्मीद  
गुजरा हुआ कल और  
आने वाला कल है,  
दोनों के बीच में उम्मीद ही होती है ।

सूरज की किरणों के जैसा  
चांदनी के शीतल के जैसा  
आया हूँ मैं उम्मीद बनकर  
माता पिता की आखों के तारों जैसा ।

जिंदगी के सफर में उम्मीद  
मीठी-सी होती है,  
ज्यादा उम्मीद रखने से  
जिंदगी कड़वाहट-सी हो जाती है ।

पर, मैं थकुंगा नहीं,  
झूठे दिलासों से उनकी उम्मीद  
टूटने दुंगा नहीं ।

तमन्ना सहारे की तलाश में  
रास्तों से भटकने नहीं दुंगा,  
शिकायतों के पुल बांध कर  
उनकी और एक उम्मीद  
टूटने नहीं दुंगा ।

उनकी उम्मीद कभी

टूटने न दुंगा,  
उनकी पहली और आखिरी उम्मीद ही बनूंगा ।  
उम्मीद से बंधा  
एक जिद्दी परिंदा हूँ मैं  
जिन्दा भी उम्मीद पर होऊंगा ।

दुर्गा प्रसाद मुंड  
कक्षा – आठवीं  
ओडिशा आदर्श विद्यालय, झगराही

## ज्ञानं शुकतः

षड् दोषाः पुरुषेणेह हातव्या भूतिमिच्छता ।  
निद्रा तन्द्रा भयं क्रोध आलस्यं दीर्घसूतता ॥  
उद्यमेन हि सिद्ध्यन्ति कार्याणि न मनोरथैः ।  
यथा सुप्तस्य सिंहस्य प्रविशन्ति न मुखेन मृगा ॥  
अन्यायोपार्जितं वित्तं दस वर्षाणि तिष्ठति ।  
प्राप्ते चैकादशवर्षे समूलं तद् विनश्यति ॥

राजेश्वरी मुर्मू  
कक्षा:-८  
ओ.ए.वी,महुलिया,मयुरभंज

## हिन्दी में कैरियर

वर्तमान युग में हिन्दी की मांग बढ़ती जा रही है । आप दिन हिन्दी की मांग को देख कर हिन्दी विषय में कैरियर के बहुत अवसर पैदा हो रहे हैं । आप हिन्दी के क्षेत्र में अपना कैरियर बना सकते हैं । शिक्षक बनने के लिए आपको 10+2 के बाद स्नातक (Graduation) में हिन्दी सम्मान के साथ पास होना होगा । द्विवर्षीय शिक्षा स्नातक (B.H.ED, B.ED (Hindi), Parangat (पारंगत) करना होगा । इसके बाद राज्य सरकार के अंतर्गत उच्च विद्यालयों में शिक्षक के रूप में नियुक्ति हो सकती है । इसके अलावा केन्द्रीय विद्यालय, जवाहर नवोदय विद्यालय, ओडिशा आदर्श विद्यालय, सैनिक स्कूल, आर्मी पब्लिक स्कूल, एकलव्य आवासिक विद्यालय और अनुसूचित जनजाति विद्यालय में नियुक्ति का अवसर मिल सकता है । पी.जी.टी बनने के लिए हिन्दी में मास्टर डिग्री के साथ बी.एड पास करना होगा । सहायक अध्यापक के लिए हिन्दी में मास्टर डिग्री (M. A.) के साथ राष्ट्रीय पाठ्य परीक्षा में योग्यता प्राप्त करनी होगी तथा पी.एच. डी. करनी होगी । इसके बाद आप विभिन्न विश्वविद्यालयों में सहायक प्रोफेसर बन सकते हैं । इसके अलावा अनुवाद के क्षेत्र में आप कैरियर बना सकते हैं । हिन्दी में मास्टर डिग्री करने के बाद अनुवाद में डिप्लोमा (PGDTSH-Post Graduate Diploma in Translation Studies in Hindi) करना होगा । इसको पूरा करने के बाद आप बैंकों में राजभाषा अधिकारी (Language Officer) के रूप में नियुक्ति पा सकते हैं । इसके अतिरिक्त SSC (Staff Selection Commission) के अंतर्गत होने वाली परीक्षा में उत्तीर्ण होकर सचिवालय में वरिष्ठ अनुवादक/कनिष्ठ अनुवादक (Senior Hindi Translator/Junior Hindi Translator) और हिन्दी प्राध्यापक के रूप में नियुक्ति का अवसर पा सकते हैं । केवल इतना ही नहीं, बल्कि अनुवाद पाठ्यक्रम में अपना कैरियर बनाकर आप भारतीय रेल, आकाशवाणी, दूरदर्शन, नाबार्ड, हवाई अड्डे आदि में भी हिन्दी अनुवादक के रूप में कार्य कर सकते हैं । हिन्दी में बि.ए और एम्.ए करने बाद आप प्रकाशन भवन संपादक (Publication House एडिटर) के रूप में भी जाँब कर सकते हैं । इसके अलावा कॉपी राइटिंग में कैरियर बना सकते हैं । आज के समय में कॉपी राईटर के लिए टेलीविजन इंटरव्यू, विज्ञापन और रेडियो में अच्छा सुयोग है । आप हिन्दी में पत्रकारिता का कोर्स करके हिन्दी न्यूज और टीवी चैनल्स पर रिपोर्टर, एडिटर, कंटेंट राईटर के तौर पर अपना कैरियर बना सकते हैं ।

हिन्दी के अच्छे ज्ञान रखने वाले अध्यापक, प्रोफेसर, इंस्ट्रक्टर के तौर पर विदेशों में भी जाँब का अवसर पा सकते हैं । फिल्म, टीवी और मीडिया इंटरव्यू में सबसे ज्यादा हिन्दी एक्सपर्ट की जरूरत है । यहाँ पर आपके लिए अच्छा मौका हो सकता है । ऐनमल प्लानेट, डिस्कवरी और नैशनल जिओग्राफी जैसे अंग्रेजी चैनल भी अब हिन्दी भाषा में अपने प्रोग्राम बनाकर प्रसारण करने लगे हैं । हिन्दी भाषा का बाजार इतना व्यापक हो चुका है कि इन इंग्लिश चैनल को भी हिन्दी भाषा में प्रसारण करने के लिए मजबूर होना पड़ा । इसलिए इस क्षेत्र में भी कैरियर की काफी सुनहरा अवसर है । इसके साथ ही विभिन्न समाज सेवा संगठन (NGO) या लोगों से प्रभावी संपर्क बनाने के लिए अक्सर हिन्दी विशेषज्ञों की अहम जिम्मेदारी सौंपी जाती है । आप हिन्दी विशेषज्ञ के रूप में जाँब कर सकते हैं ।

वस्तुतः आप दिन हिन्दी का प्रचार प्रसार बढ़ता जा रहा है, तो इसके चलते जाँब/कैरियर का क्षेत्र भी दिन-ब-दिन व्यापक होता जा रहा है ।

कुशलेश्वर प्रधान, हिन्दी अध्यापक,  
ओडिशा आदर्श विद्यालय, बरपदर (बरगढ़)

## जलम्

पानीयं परमं लोके जीवानां जीवनं समुत्तम् ।  
पानीयस्य प्रदानेन तृप्तिर्भवति पाण्डव ।  
पानीयस्य गुणा दिव्याः परलोके गुणावहाः ॥

जलम् एव जीवनम् इति उक्त्यनुसारम् अस्माकं जीवने जलस्य आवश्यकता वर्तते । जीवनाय जलम् आवश्यकं वर्तते । तृष्णायां सत्यां जलेन एव निवारणं भवति । पृथिव्याः जीवानां कृते आवश्यकं तत्त्वम् जलम् अस्ति । अस्माकं सौभाग्यम् अस्ति यत् पृथिवी जलीयः ग्रहः वर्तते । जलं सौरमंडले दुर्लभं वर्तते । अन्यत्र कुत्रापि जलं नास्ति । पृथिव्यां जलं पर्याप्तम् अस्ति । अतः पृथिवी नीलग्रहः इति उच्यते । जलं निरन्तरं स्वरूपं परिवर्तते । सूर्यस्य तापेन वाष्पस्वरूपं, शीतले सति सङ्घनीकरणे मेघस्वरूपं, वर्षामाध्यमेन जलस्वरूपं धारति । जलं महासागरेषु, वायुमंडले पृथिव्यां च परिभ्रमति । जलस्य तत्परिभ्रमणं जलचक्रं कथ्यते । अस्माकं पृथिवी स्थलशाला इव अस्ति । अलवणस्य जलस्य मुख्यं स्रोतः नदी, तडागः, हिमनदी च वर्तते । महासागराणां समुद्राणां च जलं लावण्यं वर्तते । तस्मिन् जले सोडियम क्लोराइड, पाचकलवणं च प्राप्यते ।

लेखकः- शिव शंकर सेठ् ( TGT Sanskrit )  
ओडिशा आदर्श विद्यालयः, मुरिबाहल, बलागीर

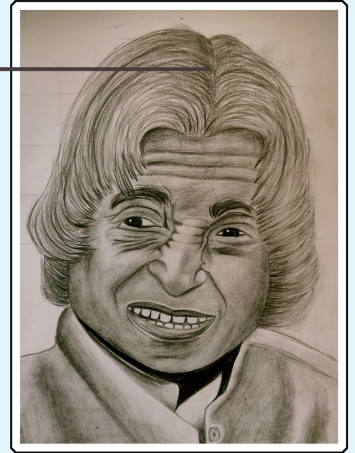
CREATIVE HIGHLIGHTS



**Bibhu Prashad Ojha, Art Teacher**  
OAV- Jakidola, Banki, Cuttack



**Madhusmita Jena, Class-X** (OAV Gahirapatuli -Danagadi-Jajpur)



**Anup Kumar Pradhan**  
OAV Jokidola,Banki, Cuttack



**Ripsarani Tandi, Class - X,**  
OAV Bandupali,Rajborasambar, Bargarh



**Usharani Nayak, Class- VIII,** OAV- Sipasarubali- Brahmagir- Puri



**Tejaswini Mishra, Class- VIII**  
OAV Tingiria, Raruan, Mayurbhanj



**Rajeswari Murmu, Class-VIII**  
OAV, Mahulia, Rasgobindpur, Mayurbhanj



**Bhakti Priya Maharana**  
OAV, Sidheswar, Digapahandi, Ganjam



**Soumyashree Sahu, Class- XII**  
OAV, Badapur, Patrapur, Ganjam



**Mousumi Patel, Class-X**  
OAV, Patharchepa Balangir



**Priti Prajukta Chaini, Class-X**  
OAV Babunuagaon, Boneigarh, Sundargarh



**Om Shree Sahoo, Class-VIII**  
OAV, Titia, Mayurbhanj



**Kiran Kumar Das, Class-VIII**  
OAV Chancharapada, Jaipatna, Kalahandi



OAV NUM'22 - OAV, Sidheswar, Digapahandi, Ganjam



Science Seminar on "SAVE SOIL " at OAV Bhalubasa, Kaptipada, Mayurbhanj



Celebration of International Yoga Day OAV, Khaprakhol, Balangir on 21.06.2022



International Yoga day celebration at OAV Tingiria, Raruan, Mayurbhanj



OAV Hirli Nabarangpur receiving Prakruti Mitra Award



Science Seminar on "SAVE SOIL " was organised at OAV, Bhalubasa, Kaptipada



Falicitation of Alok Pradhan - Class X of OAV Budhapal, Deogarh by Hon'ble Dist Judge, Deogarh Gold medal in state level essay SLLC



"Vanmahotsav" at OAV, Thuamul, Rampur



OAV NUM'22 - OAV, Sidheswar, Digapahandi, Ganjam



BLOOD CAMP on 12th July at OAV Karapalli, Rangeilunda, Ganjam



Welcome Ceremony- cultural program at OAV, Pungar, Similiguda, Koraput